

UP NORTH

adventurous | fascinating |

Travel dates

05.03. - 12.03.2021
12.03. - 19.03.2021

Location

Sandsjögården Holiday Resort
in Blattnicksele, Swedish
Lapland

Duration

8 days (2 d. arrival/departure)

Services included

- Small group
- Transfer from/to airport
- 7 nights in cosy Swedish stugas
- Full board
- Equipment according to programme
- Guided activities, according to programme
- Wood fired Sauna

Extras not included

- Double a/o Single room
- Airfare / Travel costs
- Alcohol and soda drinks

Price

2400 CHF/ Person

Insurance

Insurance is matter of the participant!



Discover Europe's vast, pristine, snow covered, last wilderness by snowshoes, dogsled or on an adventurous snowmobile. The sun standing low on the horizon spreads a beautiful, warm light caressing the incredible landscape.

This photo workshop and adventure trip to Swedish Lapland offers you the opportunity to experience different **outdoor adventures**, equipped with your photo camera, GoPro or drone. Together we will roam and discover the awesome nature straight from our doorstep.

Not only will you be captured by unbelievable views and landscapes, more we also intend to pamper your soul and palate. We will spoil you with local, homemade dishes and offer you a lot of free time and space to unwind, relax and enjoy the stillness.

Sandsjögården's cosy restaurant will be our central meeting point, living and dining room during the workshop week. Here you can hang out, discuss and share your experiences with your fellow workshop participants and photo enthusiasts.

Your workshop hosts/coaches



Nicole Schafer,

Professional photographer and videographer, trained Outdoor guide. Focus in travel, documentary, sports and action photography.

Nicole will take you on a journey into the world of moved and still images. You will learn and develop the basics of photography. You will train with your own camera equipment in different situations/settings. Europe's last wilderness in its late winter garment offers you a variety and creative scenery for your progress in working with a camera, picture composition and photo editing. More, the interesting range of light moods offers you a nearly infinite platform to train your eye for the essence in your personal picture composition.

www.nicole-schafer.com



Carrie Schafer,

Owner, Chef and Wilderness Guide of Sandsjögården Holiday & Adventures Resort.

Carrie is living and working in Europe's last wilderness since 10 years. She will take you into the fascinating nature of Swedish Lapland and gives you a glimpse of her life in and with nature, reaching from a smooth hike to an adventurous snowmobile excursion. You will experience the vast space, silence, simplicity and the awe inspiring beauty starting at your doorstep. During the workshop Carrie will take care of all your needs aside from photography. She will help to spoil your palate, unwind and have a lot of fun and exciting moments. She invites you to experience the uniqueness of her adopted home.

www.sandsjogarden.com | www.sjg.adventure.com

Summary

The goal of this Foto workshop and adventure trip is to introduce you to the stunning beauty of the north and of course to enhance your know-how and skills in photographing and filming. The awesome late winter landscapes, the warm light of the sun standing lower on the horizon, sleddogs and with a little luck even fascinating, dancing aurora borealis etc. provide the setting for our work with the camera. More, you always have the space and opportunity to work on and develop your personal topics of interest and requirements alongside the programme.

This workshop is tailored for beginners and more advanced participants with a passion for photography/filmography. The minimum requirement is, that you understand what ISO, shutter and shutter speed is. If you are insecure about this, Nicole suggests you to take a beginner course prior to the workshop week.

With the different adventures you have the opportunity to discover Europe's last wilderness and at the same time use your camera to work with various subjects and techniques in a real setting. Most important, we want you not only to enhance your photographic skills, but have fun and joy doing so and at the same time make a lot of new memories kept in still and moving pictures.

Itinerary

PLEASE NOTE:

The programme can be adjusted or days be switched depending on weather conditions. We have also planned two late evening excursions, focusing on night sky/starlight photography and hopefully with a little luck even aurora borealis photography.

Day 1 - Individual arrival at the destination airport

Transfer to Sandsjögården Holiday Resort. Upon arrival at the resort you can first settle into your accommodation. Then you have some free time to explore your home base for the upcoming week.

We meet for dinner at Sandsjögården's dining room. After dinner we kick-off the workshop week with an official, but cosy round of introduction. Then the hosts lay out the plan for the coming days and answer your questions/discuss your requirements.

Day 2 - Snowshoe hiking and ice fishing

After a rich breakfast you pack your camera equipment and we provide you with snowshoes. Together we head out and explore the winter landscape. At one of the many frozen lakes we search for an ideal spot to drill holes. Then we give it a shot at ice fishing.

Together we also set up a campfire and cook lunch over open fire. At the same time you can keep yourself warm. If we are lucky to catch fish, we take it back to the resort, where it will be included in the dinner menu.

Dinner at Sandsjögården, followed by a recap of today's adventures, discussion of your photo/filming shots and a theoretical introduction in preparation for the next day.

Day 3 - Huskyday - Nordic sleddogs in action

Before breakfast you can help with the morning feeding. Once the dogs are satisfied, it's time for your breakfast. After breakfast we spend time at the kennel and work with the topic of action photography. We try to capture the best shots of the dogs in their free running enclosure. We will be happy to share our knowledge about the different sleddog breeds and what it is like working and living for and with the dogs.

Just before noon we grab our lunch bags, pack the necessary clothing and camera equipment and transfer on an approx. 1-hour drive to a partner of ours, who will take you on a half-day sleddog adventure in the afternoon.

In pairs of two you will manage your own team of dogs. While one is „mushing“ the other one rides as a passenger and works with the camera. Halfway through the tour we stop for a „fika“ break (Coffee stop) at a kåta in the wilderness. During the break Nicole gives you tips for action shots and instructions for a small team photo challenge. After the break we mush back to the husky farm.

Transfer back to Sandsjögården. Maybe you feel like relaxing in the sauna after this long, intense day outdoors. We round off the day with dinner at Sandsjögården, a short recap of the day and a viewing of the results from the photo challenge.

Day 4 - A day off

After breakfast you are free to do today whatever you feel like doing. You might just want to relax and enjoy a little bit of „dolce farniente“, or you grab your equipment and explore the near surrounding by yourself. Of course you also have the possibility to book an extra adventure like e.g. another sleddog ride, snowmobile tour or a cultural walk, trailing the Sami (please note: reservations required, for an extra fee)

Relaxing dinner at Sandsjögården followed by planning the next day.

Day 5 - Sunrise and hiking

Today we head out before sunrise. After a quick cup of coffee and a small kick for the day we hike with snowshoes to the top of a hill. After reaching the top, you can take your time to enjoy the sunrise and capture it in beautiful images, while we make a camp fire in the background, cook coffee and prepare a hearty outdoor breakfast. Together we warm up by the fire and fuel ourselves, before heading back down.

Back at Sandsjögården a warm soup, coffee/tea, a sweet treat and the pre heated sauna awaits you, if you like. Later we meet up for our daily recap/photo discussion and further FAQs.

The rest of the afternoon is at your free disposal.

In the evening we prepare dinner together and cook it outdoors over open fire. This outdoor cooking event provides you with a lot of beautiful opportunities for stunning pictures, such as food photography, portraits, food prepping, fire etc. and if we are lucky enough a beautiful starry sky and/or northern lights.

Most of all we want to enjoy a cosy evening by the fire and refuel our energy for the next day.

Day 6 - Discover Europe's last wilderness by snowmobile

After an early, but rich breakfast we equip you with everything you need for a day on the snowmobile. Then we meet for a thorough instruction in riding a snowmobile safely.

On this day tour you once again pair up sharing a snowmobile, so that one person can drive and the other can take action pics. Of course you have several opportunities to change drivers, if you like. Supported by the extra horsepower, today we can head out even further into the pristine, awesome wilderness and enjoy its late winter beauty.

Lunch once again will be prepared over open fire in the wilderness. After returning to Sandsjögården an afternoon snack waits for us. We take the time to refuel and discuss the photos of yesterday and today.

We end the day with another cosy dinner in the dining room.

Day 7 - Sightseeing day heading north

After breakfast we drive north and a.o. visit a manufacturer for frosted glass, a Sami settlement and a town farther to the north. This day stands for sightseeing, discovering, shopping and we work with the topics of product photography, architecture and culture photography.

Important note: Today our lunch meal and farewell dinner are planned to take place at an external location, alongside our tour route. Due to the ongoing Corona/Covid-19 pandemic and changes/restrictions/amendments to the offerings in the region happening on a non-planable base, the detailed programme will be finalised at a very short notice. Like this we can ensure, that our sightseeing programme can be carried out in a safe, interesting and reliable way.

Back at Sandsjögården your hosts invite you to a farewell drink. Let us close the final evening reminiscing about the past week spent together and reviewing everyone's most impressive/most memorable photos of the week.

Day 8 - Departure day, or individual extension of your stay

An awesome and exciting week is coming to its end. After a last breakfast it's time to pack your suitcase, enjoy a last view over beautiful lake Sandsjön and finally say Hejdå and farewell for this time.

Transfer back to the departure airport.

Good to know

CORONA/COVID-19 RESTRICTIONS:

This workshop and adventure week is planned for small size groups. We comply with the rules, restrictions and recommendations of the Swedish health authority in order to provide you with a memorable, yet safe experience!

If we can not realise the workshop and adventure week due to the Corona/Covid-19 pandemic, we of course offer our participants generous and flexible rebooking/cancellation options.

Contact for further questions and booking

Please do not hesitate to contact us for further details and questions. If you need any assistance in planning your trip to the north, we will be glad to help you with ideal flight connections, route descriptions (if you plan to drive) and up to date travel information for Sweden in general.

Sandsjögården Holiday Resort

Sandsjö 122
924 92 Blattnicksele
Sweden

e-mail: sjg.resort@gmail.com

mobile: +46 76 103 85 75

sandsjogarden.com | sjg-adventure.com | nicole-schafer.com